

Bowel screening test kit instructions

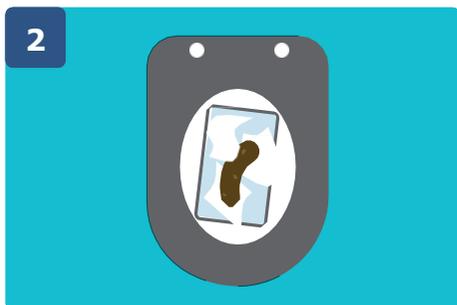
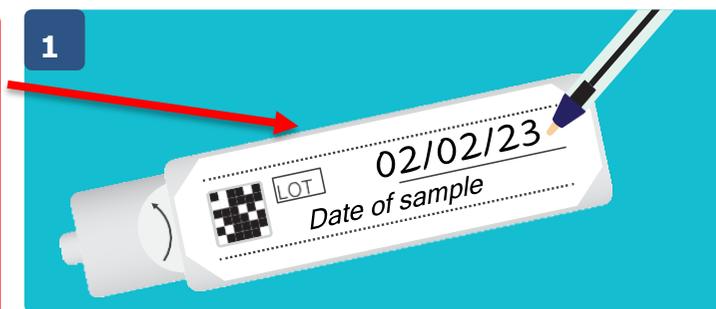
You will need...

Something to catch your poo, such as an old, clean container

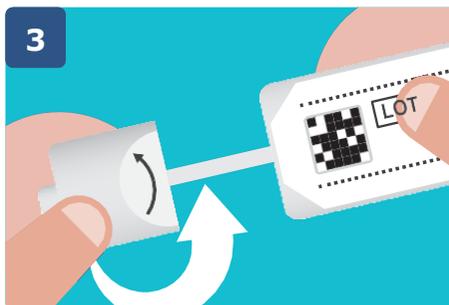


Very important

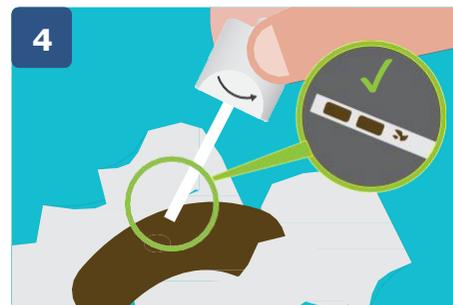
Write the date you take the sample on the test kit or we may not be able to test it.



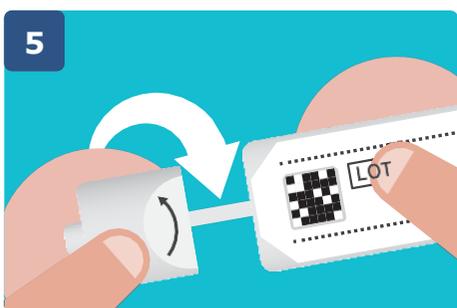
Put a container or toilet paper into the toilet to catch your poo.



Unscrew the lid of the tube to remove the stick.



Dip the end of the stick into your poo sample. Only fill the two small grooves at the end of the stick (as shown above).



Place the stick back in the tube. Close the tube by screwing the lid back on.



Remember to wash your hands.



Post your completed test kit straight away using the purple prepaid envelope. (You do not need a stamp.)



Scan here for BSL:



0800 294 3370 | www.phw.nhs.wales/bowel-screening
You can contact us in Welsh or English. It will take us the same amount of time to answer you, whichever language you choose.