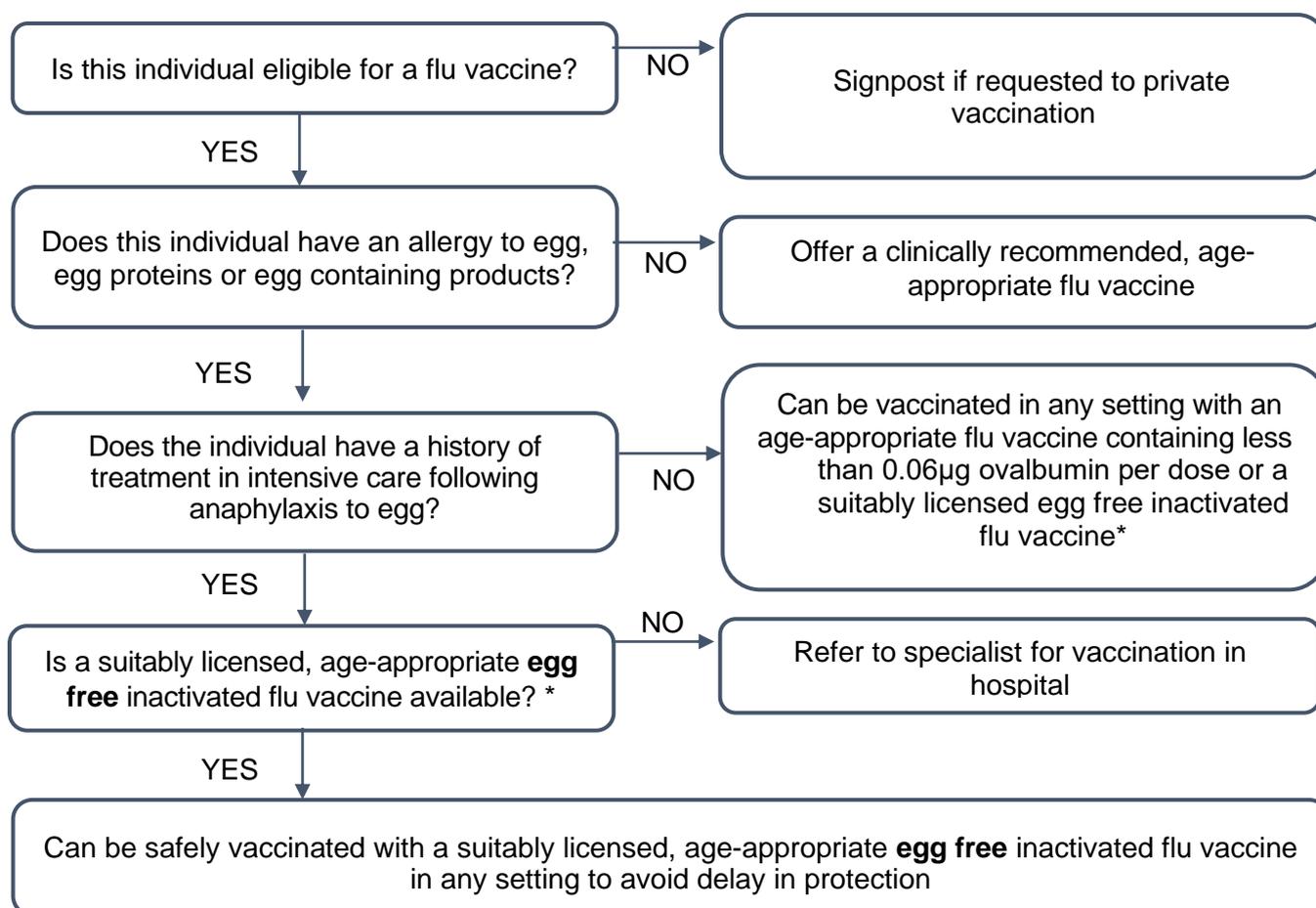




Management chart for influenza (flu) vaccination in egg allergic individuals

Individuals with an allergy to egg or egg proteins may be at increased risk of adverse reaction to some flu vaccines. Inactivated flu vaccines that have no or a very low ovalbumin content (<0.12 µg/ml – equivalent to <0.06 µg for a 0.5ml dose) are available and studies show that they may be used safely in most individuals with egg allergy ([Green Book chapter 19](#)).

This management chart may be a useful aid to clinical decision making.



* For children aged 2 years and over, LAIV remains the preferred vaccine as the intranasal route is less likely to cause systemic reactions. Children who have required admission to intensive care for a previous severe anaphylaxis to egg should only be given LAIV on advice from their specialist. These children are best given LAIV, if appropriate, in a hospital setting. Alternatively, and to avoid delay in protection, the egg-free trivalent cell-based inactivated vaccine (TIVc), can be given in any setting,

Influenza vaccines for 2025/26 Ovalbumin content chart can be found here: [Influenza vaccines marketed in the UK - GOV.UK](#)

Always check Summary of medical Product Characteristics (SmPC) to ensure vaccine suitability on an individual patient basis. SmPCs are available here: [Home - electronic medicines compendium \(emc\)](#)

The Green Book Chapter 19 – Influenza contains additional content on egg allergy and flu vaccine advice. Available at: [Influenza: the green book, chapter 19 - GOV.UK](#)

Welsh Government. The National Influenza Immunisation Programme: [The national influenza immunisation programme 2025 to 2026 \(WHC/2025/020\) | GOV.WALES](#)

Joint Committee on Vaccination and Immunisation (JCVI) advice on influenza vaccines for the 2025/26 influenza season. Available [here](#)
Minutes of JCVI meeting 4th June 2025 includes information on season influenza vaccines. [Minute 2025 06 Draft.pdf](#)

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