



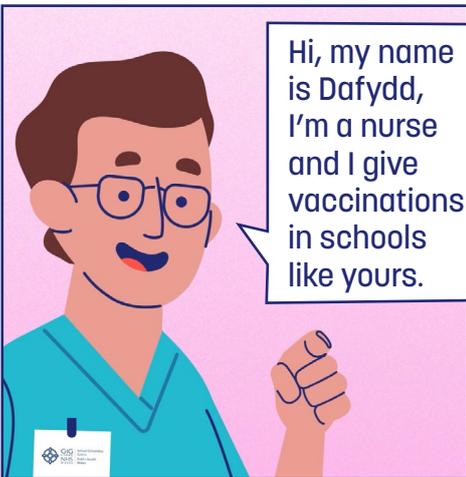
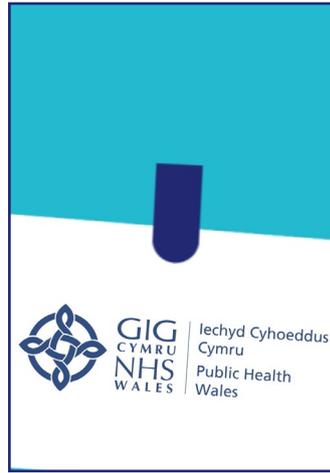
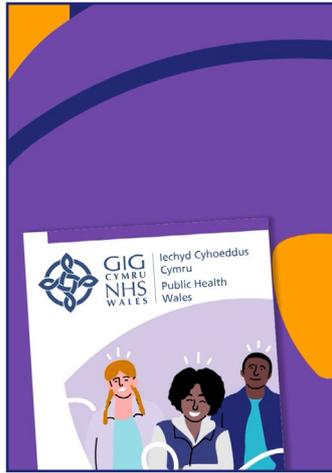
Mae Brechu yn achub bywydau
Vaccination saves lives



GIG
CYMRU
NHS
WALES

Iechyd Cyhoeddus
Cymru
Public Health
Wales

What is the Teenage 3-in-1 booster vaccine?



Hi, my name is Dafydd, I'm a nurse and I give vaccinations in schools like yours.

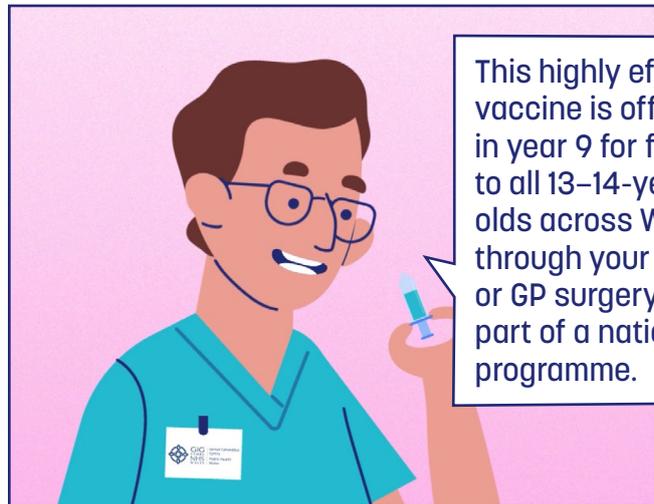
**Teenage
3 in 1
Booster Vaccine**

Tetanus, Diphtheria and Polio (Td/IPV)

I'm going to tell you about the Teenage 3-in-1 Booster vaccine, protecting against tetanus, diphtheria and polio.



You may have heard of it.



This highly effective vaccine is offered in year 9 for free to all 13-14-year-olds across Wales, through your school or GP surgery, as part of a national programme.

Alongside the Teenage 3 in 1 Booster vaccine, at this age you'll typically receive the MenACWY vaccine too, which protects against Meningitis and Septicaemia.



Each year over 500,000 young people in the UK like you receive the vaccine, boosting the protection you had from your baby vaccinations,

ensuring prolonged protection against 3 different diseases; Tetanus, Diphtheria and Polio.



Tetanus. Which can occur when bacteria make their way through tiny cuts and can lead to breathing problems and affect the nervous system.

#IN 01
ID: TETANUS
PUBLIC HEALTH WALES



Diphtheria. Whilst rare in Wales, it can be quite serious, starting as a sore throat but soon after can cause damage to the heart.

#IN 01
ID: TETANUS
PUBLIC HEALTH WALES

#IN 02
ID: DIPHTHERIA
PUBLIC HEALTH WALES

#IN 02
ID: DIPHTHERIA
PUBLIC HEALTH WALES

#IN 03
ID: POLIO
PUBLIC HEALTH WALES



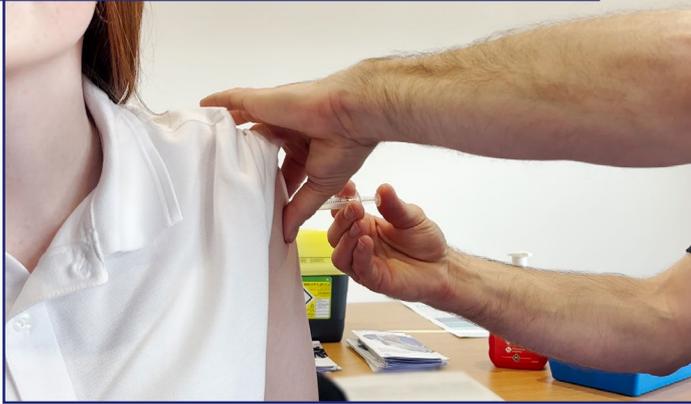
And Polio. A virus which attacks the brain and muscles and can cause paralysis if not protected against.

In most cases, this is the final dose of a tetanus, diphtheria and polio vaccine given during childhood. The vaccination process is really simple. First the nurse will check they have your consent to proceed.



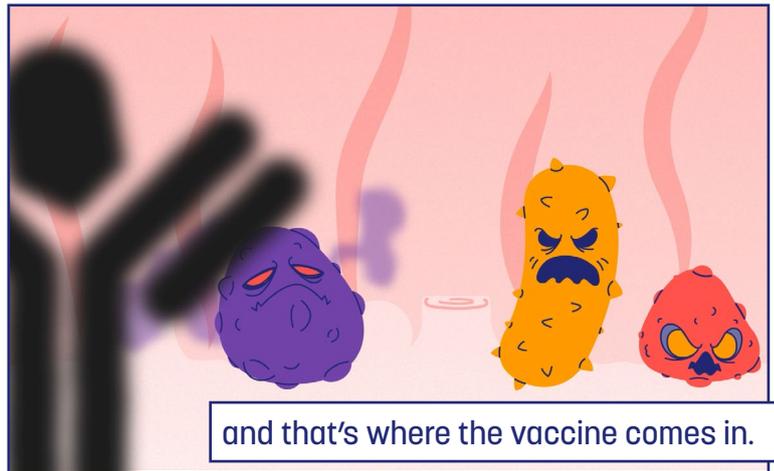
Each vaccine goes through loads of tests with thousands of participants so they're very safe, and this one is no different.

The vaccine will be given in the upper arm.



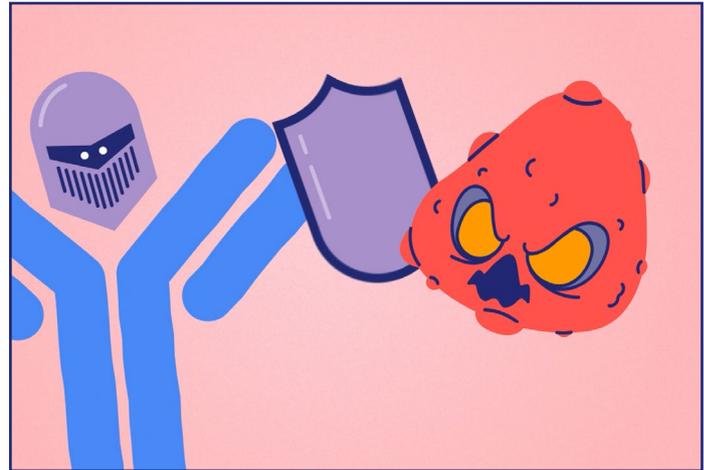
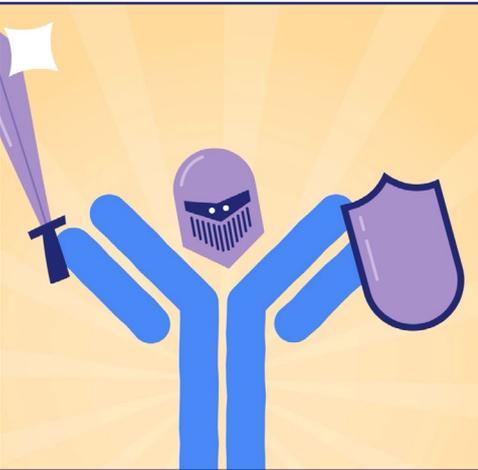
It's over in just a few seconds.

Your body needs to be reminded how to protect you against these diseases

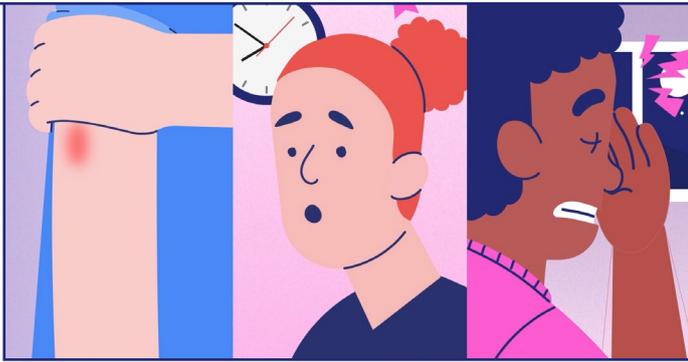


and that's where the vaccine comes in.

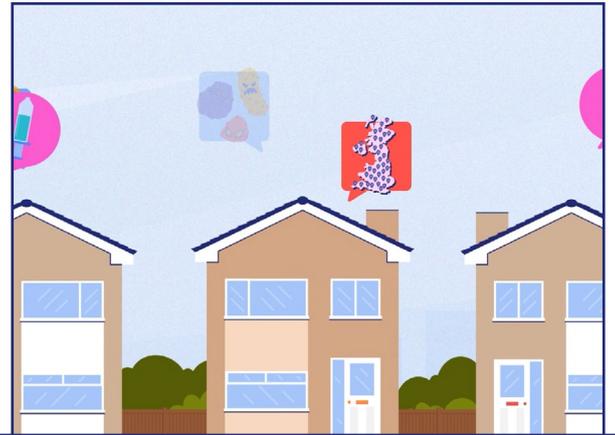
The vaccines are used to remind your antibodies to immediately notice and fight off the disease should you ever meet the virus in the future.



As with all vaccines, you may notice some minor side effects. Like slight swelling and redness around the vaccination area, but some other effects could include a feeling of dizziness and a headache.



That's all there is to it!



You'll have time to take information home so you can discuss the vaccine with your parent or guardian, so you feel totally informed on vaccination day.

Go on! Share what you've learned about the Teenage 3-in-1 Booster vaccine with your parent or guardian. You'll be given information to take home in advance and you can show them this comic. You can also send them a link to the Public Health Wales website.

phw.nhs.wales/vaccines

If you don't go to school or aren't in on the day of the vaccinations, you will be able to book an appointment at your GP surgery, or contact your school nurse or immunisation team.



**Mae Brechu yn achub bywydau
Vaccination saves lives**



**GIG
CYMRU
NHS
WALES**

Iechyd Cyhoeddus
Cymru
Public Health
Wales