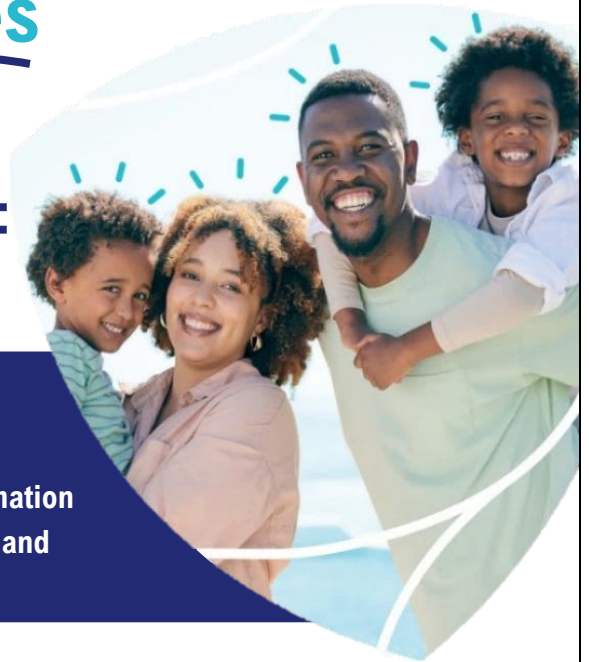




Protection against measles infection

Toolkit for healthcare professionals: Measles-containing vaccinations





This toolkit is a quick reference to help you and your patients stay informed about measles-containing vaccines.

We encourage all staff to familiarise themselves with the information sources in this document to support informed decision-making and maintain vaccine uptake.

Call to action:

To ensure everyone is prepared and confident to discuss and deliver measles-containing vaccinations, please:

	review the toolkit
	share it with colleagues

Facts about measles and measles-containing vaccines

Measles is a highly infectious illness and is contagious before symptoms appear. Nearly 100% of people who are not vaccinated will develop measles if exposed to the virus.

Measles can cause serious illness including pneumonia, encephalitis and even death.

- **MMRV and MMR vaccines provide highly effective protection against serious infectious diseases.** The MMRV vaccine helps protect against measles, mumps, rubella (German measles) and varicella (chickenpox). The MMR vaccine helps protect against measles, mumps and rubella.

- The MMRV vaccine was introduced to the UK in 2026. MMRV has been used in other countries for many years and has a strong safety record. Dedicated webpages about MMRV and MMR vaccines are available, offering information, policy guidance, clinical resources, and FAQs:
 - **Information for health professionals:** phw.nhs.wales/MMRV-MMR-professionals
 - **Information for the public:** phw.nhs.wales/MMRV-MMR
- To eliminate measles, the World Health Organization (WHO) recommends **two doses** of a measles-containing vaccine. See: **WHO guidance: Measles** (external site).
- Cases of **measles** have increased across the UK and uptake of the MMR vaccine is declining in Wales.



- Figures in Wales in 2024/25 show that coverage of 2 doses of MMR in children reaching 5 years of age is 89.5%. Achieving 95% uptake or greater is recommended for countries aiming at measles elimination. For further information, please visit [Measles surveillance and epidemiology - Public Health Wales](#)
- Unprotected staff who are exposed to measles without PPE may require a 21-day work exclusion.

Immunisation schedule

Two doses of the **MMRV vaccine** are offered free to babies, as part of their **routine vaccinations**, at:

- **12 months**, and
- **18 months**.

The MMRV vaccine replaced MMR in the routine vaccination schedule in January 2026. The MMR vaccine is still available for administration outside of the routine childhood programme for people who need protection from measles, mumps and rubella. This includes older children and adults who have not received **two doses** of MMR and are not eligible for MMRV.

It is important to have two doses of a measles-containing vaccine for long lasting protection.

The MMR vaccine should not be given to people who are immunosuppressed or pregnant. This reinforces the importance of ensuring that everyone who is eligible has received both MMR doses to help protect those who cannot have the vaccine.

Maintaining good vaccine uptake is vital to all vaccination programmes, and efforts should be continued to promote catch-up appointments for anyone who may have missed vaccinations.

More information about MMRV and MMR vaccines, including eligibility, is available on the Public Health Wales website:

- phw.nhs.wales/MMRV-MMR-professionals
- phw.nhs.wales/MMRV-MMR

To see which vaccinations are routinely offered in Wales and when these are offered, go to phw.nhs.wales/CompleteSchedule



Key messages and actions

- Reassure patients that children and adults of all ages who have missed any doses of a measles-containing vaccine can still receive them at their GP surgery at any time after they were due. A minimum interval of one month is required between the two doses. Even for individuals who think they have previously received measles-containing vaccines but are unsure, or have no record of this, it is safe for them to receive further doses.
- MMRV and MMR vaccinations given to babies under one year of age are not recognised in the UK. Refer to the [Measles: the green book - GOV.UK](#) (external site) for guidance on when to give the vaccine. Babies must receive their first dose after their first birthday and their second dose after the age of 18 months to be considered as having completed a full course.
- People born before 1970 may have had natural infection and are less likely to be susceptible. However, the MMR vaccine should be offered to these individuals on request or if they are considered at high risk of exposure, particularly if they have no documented history of immunity.
- Ensure that all staff have either documented laboratory evidence of immunity to measles or have had a full **two-dose** course of a measles-containing vaccine. Where this is not possible, mitigations should be put in place. Refer to: [WHC\(2023\) 043 – Vaccination of Healthcare Staff to Protect Against Measles \(gov.wales\)](#) (external site) and [Immunisation of healthcare and laboratory staff: the Green Book \(publishing.service.gov.uk\)](#) (external site)
- Identify your eligible patients who have not had **two** doses of a measles-containing vaccine in the past and offer vaccination.
- Have the [PGDs](#) (external site) and the [Green Book Measles, Mumps, Rubella and Varicella chapters](#) (external site) ready to refer to when discussing vaccination with patients and checking their medical history (see **External clinical resources** section).
- Ensure that unvaccinated women of childbearing age are offered vaccination before they become pregnant. Following vaccination, pregnancy should be avoided for one month. If it is not possible to vaccinate before pregnancy, vaccination should be deferred until the woman is no longer pregnant.

Vaccination is the safest and most effective way to protect against serious diseases.

Measles-containing vaccine resources and assets to support you and your patients

Public Health Wales resources are **Free** to order from **Health Information Resources**

1. Public Health Wales resources for the public

For details about MMRV and MMR vaccinations, including an eligibility guide for the public and FAQs, visit phw.nhs.wales/MMRV-MMR

✓ Protection against measles, mumps, rubella and chickenpox leaflet

A leaflet that provides key information about these diseases and the MMRV and MMR vaccines, including eligibility and the recommended number of doses.



✓ Measles: Stay safe poster

A poster designed to provide clear, accessible information to the public during measles outbreaks.

✓ Frequently asked questions

Answers to common questions about measles-containing vaccines for the public.

✓ Resources in accessible formats

A range of resources, designed to make information accessible to people who require them in alternative formats can be accessed from the [Vaccination information in accessible formats](#) page.

Public Health Wales resources are

Free

to order from
Health Information Resources

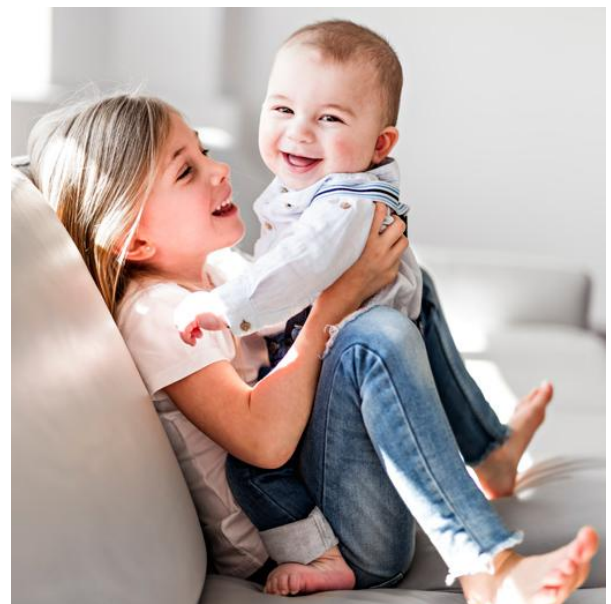
2. Public Health Wales resources for healthcare professionals

A dedicated webpage for health professionals on MMRV and MMR vaccines, offering information, policy guidance, clinical resources, and FAQs is located at

phw.nhs.wales/MMRV-MMR-professionals

Training and learning

- All healthcare professionals have a key role as trusted voices in promoting vaccinations. Training is important to ensure that they are confident in having these conversations. Those administering vaccinations and/or providing vaccination advice require tailored training, competence assessment, and supervision relevant to their role, in line with the [UKHSA National Minimum Standards for immunisation training 2025](#) (external site)
- Public Health Wales has a recorded slide set titled '[Measles: the disease, complications and vaccination](#)', which provides details about measles infection. This can be viewed on the [Immunisation training resources and events](#) page.



PHW clinical resources

Professional resources are accessible through PHW vaccination website pages. These include:

- phw.nhs.wales/MMRV-MMR-professionals
MMRV and MMR information for health professionals web page.
- **Frequently asked questions (sharepoint.com)**
(*NHS Employees only*).
Professional-facing responses to commonly asked questions can be found on our FAQs SharePoint page. These FAQs are updated regularly in line with policy changes.
- **MMR Staff Information Pack (sharepoint.com)**
(*NHS Employees only*)
This pack includes key vaccination messages for NHS staff.



MMR prison resources

The following information resources have been developed for use in prison settings:

- Vaccine information for people in Welsh prisons
- A guide for visitors to prison
- Information for staff working in prisons in Wales

These resources can be accessed on our website at [Measles, Mumps, Rubella and Varicella \(chickenpox\) – containing vaccines \(MMRV and MMR\) – Information for health professionals](#)

Immunisation surveillance

Our vaccine preventable diseases and infection pages have information on the surveillance and epidemiology of measles, mumps, rubella and varicella in Wales:

- [Immunisation surveillance](#)

- COVER webpage: [COVER - National childhood immunisation uptake data - Public Health Wales](#)
- Childhood Immunisation Uptake dashboards (internal NHS only):
[https://nhs.wales365.sharepoint.com/sites/PHW_VPDPCComms/SitePages/Childhood-Immunisation-\(COVER\).aspx](https://nhs.wales365.sharepoint.com/sites/PHW_VPDPCComms/SitePages/Childhood-Immunisation-(COVER).aspx)

Public engagement

- Public engagement insight reports designed to enhance best practice, vaccine equity, and tailored intervention can be accessed on our website via the [Engagement insights](#) web page.

This page includes public engagement insight reports undertaken with the Welsh public to understand the facilitators and barriers to vaccine uptake in Wales.

PHW public-facing communication resources

- Public Health Wales public-facing communication materials, including links to videos, graphics and resources that can be used on social media and practice screens, are provided on [Public Health Wales Asset Library \(brandkitapp.com\)](#). You simply register once, then you can access a wide range of supportive materials on different subject matters, including vaccinations and screening.
- You can also find a roadmap of vaccinations for babies and children aged 0 to 5 years in the [Public Health Wales Asset Library](#)





- Where vaccination catch-up is being provided by General Practice, including where practices are vaccinating their own staff, **Children and adults who have outstanding routine immunisations: national supplementary service specification | GOV. WALES** (external site) provides information on funding.

3. External clinical resources

- The **Green Book, Immunisation against infectious disease** (external site), has the latest information on vaccines and vaccination procedures in the UK.
Measles: the Green Book - GOV.UK (external site)
- Health guidance is issued to health boards and professionals as a circular from Welsh Government:
Health circulars: 2021 to 2023 | GOV.WALES (external site) and **Health circulars: 2024 to 2027 | GOV.WALES** (external site)
- UKHSA National measles guidance:
National measles guidelines - GOV.UK (www.gov.uk) (external site)

4. Healthcare settings specific resources

- **Is it measles?**

A poster with key messages for healthcare providers can be accessed via the following web pages:



phw.nhs.wales/MMRV-MMR-professionals and **Health Information Resources**

5: Contacts

- The Public Health Wales Health Protection Team provides specialist public health advice on infectious disease control. The team delivers the All Wales Acute Response Service (AWARe), which receives and manages all notifiable disease reports.

For further information, including how to report a notifiable disease or enquire about a health protection matter, please visit **AWARe/ Health Protection Team - Public Health Wales**

- If you have a vaccination query, please contact your health board team. You can find your local health board contact details at **Health Board vaccine team contacts**
- The Vaccine Preventable Disease Programme (VPDP) at Public Health Wales works collaboratively with partners across NHS Wales and beyond to support a coordinated, national approach to vaccination in Wales. To contact the VPDP team, please email phw.vaccines@wales.nhs.uk



Scan me for more information on measles, mumps, rubella and chickenpox

SKU IMM232

Version 2 | April 2026

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© Ymddiriedolaeth GIG lechydd Cyhoeddus Cymru (gyda chydhabyddiaeth i Asiantaeth Diogelwch lechydd y DU, Is-adran Diogelu lechydd ICC a Llywodraeth Cymru)

Fersw'n 2 | Ebrill 2026

SKU IMM232

Sganiwch fi am wybodaeth am y frech goch, clwy'r pennau, rwbela a brech yr ielr




5: Manylion Cyswilt


- Pan fo Practis Cyffredinol yn brechu pobl sydd wedi methu dos, gan gynnwys lle mae meddygfydd yn brechu eu staff eu hunain, mae Plant ac oedolion sydd wedi methu brechriadau rheolaidd: manyleb gwasanaeth cenedlaethol atodol | LLYW.CYMRU (safle allanol) yn darparu gwybodaeth am gyllid.
- Mae Tim Diogelu lechydd, lechydd Cyhoeddus Cymru yn darparu cynngor lechydd cyhoeddus arbenigol ar reoli clefyddau heintus. Mae'r tim yn darparu Gwasanaeth Ymateb Actiw Cymru Gyfan (AWARé), sy'n derbyn ac yn rheoli pob adroddiad am glefydd hysbysadwy.
- Am ragor o wybodaeth, gan gynnwys sut i roi gwybod am glefydd hysbysadwy neu ymholi am fater diogelu lechydd, ewch i **Gwasanaeth Ymateb Actiw Cymru Gyfan (AWARé) / Y Tim Diogelu lechydd - lechydd Cyhoeddus Cymru**. Os oes gennych ymholiad ynglŷn â brechu, cysylltwch â thim eich bwrdd lechydd. Gallwch ddod o hyd i fanylion cyswilt eich bwrdd lechydd lleol yn **Manylion Cyswilt tim brechu'r Byrddau lechydd**.
- Mae Rhaglen Frechu yn Erbryn Clefyddau Ataliadwy (VPDF) lechydd Cyhoeddus Cymru yn cydwethio â phartneriaid ar draws GIG Cymru a thw hwt i gefnogi dull cenedlaethol, cydlynol o frechu yng Nghymru. I gysylltu â thim y Rhaglen Frechu yn erbryn Clefyddau Ataliadwy, anfonwch e-bost at phw.vaccines@wales.nhs.uk

4. Adnoddau penodol i leoliadau gofal lechydd

- Mae'r frech goch yw e? Mae poster gyda negeseuon allweddol ar gyfer darparwyr gofal lechydd i'w gael ar y tudalennau gwecanlyniol:



ic.gig.cymru/MMRV-MMR-profesiynol ac Adnoddau Gwybodaeth lechydd

Mae Brechu yn achub bywydau 

- Mae Llywodraeth Cymru yn cyhoeddi cylchlythyrau canllawiau lechydd i fyrrddau lechydd a gweithwyr profesiynol: **Cylchlythyrau lechydd: 2021 i 2023 | LLYW.CYMRU** (safle allanol) a **Cylchlythyrau lechydd: 2024 i 2027 | LLYW.CYMRU** (safle allanol)
- Mae'r Llyfr Gwyrdd, Imwneiddio rhag clefyddau heintus (safle allanol, Saesneg yn unig), yn cynnwys y wybodaeth ddiweddaraf am frechlynnau a gweithdrefnau brechu'r DU. **Y Frech Goch: Llyfr Gwyrdd - GOV.UK** (safle allanol, Saesneg yn unig)
- Canllawiau cenedlaethol Asiantaeth Diogelwch lechydd y DU (UKHSA) ar y frech goch: **National measles guidelines - GOV.UK** (www.gov.uk) (safle allanol, Saesneg yn unig)



3. Adnoddau clinigol allanol

Adnoddau clinigol ICC

Mae adnoddau profesiynol i'w cael ar dudalennau gwefan brechu lechyd Cyhoeddus Cymru. Mae'r rhain yn cynnwys y canlynol:

- ic.gig.cymru/MMRV-MMR-profesiynol Tudalen we gwyboddaeth am MMRV ac MMR ar gyfer gweithwyr lechyd profesiynol.

Cwestiynau cyffredin (sharepoint.com)

Mae atebion i gwestiynau cyffredin ar gyfer gweithwyr profesiynol i'w cael ar ein tudalen Cwestiynau Cyffredin ar SharePoint. Caiff y Cwestiynau Cyffredin hyn eu diweddarh'n rheolaidd yn unol â newidiadau polisi.

Pecyn Gwyboddaeth MMR i Staff

(sharepoint.com) (Gweithwyr y GIG yn unig). Mae'r pecyn hwn yn cynnwys negeseuon allweddol ynghylch brechu ar gyfer staff y GIG.



Adnoddau MMR ar gyfer carchardai

Mae'r adnoddau gwyboddaeth canlynol wedi'u datblygu i'w defnyddio mewn carchardai:

- Gwyboddaeth am frechlynnau i bobl mewn carchardai yng Nghymru
- Canllaw i ymwelwyr â charchardai
- Gwyboddaeth i staff sy'n gweithio mewn carchardai yng Nghymru

Mae'r adnoddau hyn ar gael ar ein gwefan yn

Brechlynnau sy'n cynnwys y Frech Goch, Cwyr Pennau, Rwbela a Varicella (brech yr iair) (MMRV ac MMR) – Gwyboddaeth i weithwyr gofal iechyd profesiynol

Goruchwyliaeth imiwneiddio

Mae gan ein tudalennau ar glefyddau a heintiau y gellir eu hatal trwy frechu wyboddaeth am oruchwyliaeth ac epidemioleg y frech goch, clwy'r penau, rwbela a farisela yng Nghymru:

- Goruchwyliaeth imiwneiddio

Adnoddau lechyd Cyhoeddus Cymru ar gyfer cyfathrebu gyda'r cyhoedd

Mae'r dudalen hon yn cynnwys adroddiadau gwyboddaeth a gafwyd trwy ymgysylltu â'r pobl a beth sy'n eu rhwystro rhag dewis cael brechlynnau yng Nghymru.

- Cewch fynediad at adroddiadau gwyboddaeth ymgysylltu â'r cyhoedd a gynllunwyd i wella arferion gorau, brechu teg, ac ymyriad wedi'i delwira ar dudalennau **Gwyboddaeth ymgysylltu** ein gwefan.

Ymgysylltu â'r cyhoedd

- Tudalen we COVER: **COVER - Data cenedlaethol ar imiwneiddio i blant - lechyd Cyhoeddus Cymru**
- Dangosfyrddau Niferoedd Sy'n Cael eu Brechu Imiwneiddio Plant (mewnol y GIG yn unig): [https://nhs.wales365.sharepoint.com/sites/PH_W_VPDComms/SitePages/Childhood-Immunisation-\(COVER\).aspx](https://nhs.wales365.sharepoint.com/sites/PH_W_VPDComms/SitePages/Childhood-Immunisation-(COVER).aspx)

- Mae deunyddiau cyfathrebu ar gyfer y cyhoedd lechyd Cyhoeddus Cymru, gan gynnwys dolenni i fideos, graffeg ac adnoddau y gellir eu defnyddio ar gyfryngau cymdeithasol a sgriniau ymarter, i'w cael yn **Llyfrgell Asedau Iechyd Cyhoeddus Cymru (brandkitapp.com)**. Dim ond unwaith y mae angen cofrestru, yna cewch fynediad at ystod eang o ddeunyddiau cernogol ar wahanol bynciau, gan gynnwys brechiadau a sgrinio.
- Gallwch hefyd ddod o hyd i fap ffordd ar gyfer brechu babanod a phlant 0 i 5 oed yn **Llyfrgell Asedau Iechyd Cyhoeddus Cymru**



Adnoddau ac asedau brechu sy'n cynnwys y frech goch i'ch cerbydau chi a'ch cleifion

Am Ddim

gan Adnoddau Gwybodaeth Iechyd

1. Adnoddau Iechyd Cyhoeddus Cymru ar gyfer y cyhoedd

Ewch icc.gig.cymru/MMRV-MMR i gael manylion am frechiadau MMRV ac MMR, gan gynnwys canllaw cymhwysedd i'r cyhoedd ac atebion i gwestiynau cyffredin.

Taflen amddiffyn rhag y frech goch, clyw'r pennau, rwbela a brech yr ieir

Taflen sy'n cynnig gwybodaeth allweddol am y clefydau hyn a'r brechiynau MMRV ac MMR, gan gynnwys cymhwysedd a'r nifer o ddosau a argymhellir.

Y Frech Goch: Poster cadw'n ddiogel

Poster sydd â'r nod o ddarparu gwybodaeth glir a hygyrch i'r cyhoedd yn ystod achosion o'r frech goch.



Gallwch archebu adnoddau Iechyd Cyhoeddus Cymru

Am Ddim

gan Adnoddau Gwybodaeth Iechyd

Adnoddau mewn fformatiau hygyrch
Mae amrywiaeth o adnoddau sy'n cyflwyno gwybodaeth i bobl sydd eu hangen mewn fformatiau amgen i'w cael ar y dudalen Brechu mewn fformatiau hygyrch

Cwestiynau Cyffredin

Atebion i gwestiynau cyffredin am frechiynau sy'n cynnwys y frech goch ar gyfer y cyhoedd.

2. Adnoddau Iechyd Cyhoeddus Cymru ar gyfer gweithwyr gotal Iechyd profesiynol

Mae tudalen we bwrpasol ar frechiynau MMRV ac MMR ar gael i weithwyr gotal Iechyd profesiynol. Maen nhw'n cynnig gwybodaeth, canllawiau polisi, adnoddau clinigol a chwestiynau cyffredin, ac i'w cael yma icc.gig.cymru/MMRV-MMR-profesiynol

Hyfforddi a dysgu

- Un rhan allweddol o waith pob gweithiwr gotal Iechyd profesiynol yw bod yn lais dibynadwy o ran hyrwyddo brechiadau. Mae hyfforddiant yn bwysig er mwyn sicrhau eu bod yn hyderus wrth gynnal y sgyrsiau hyn. Mae'r rhai sy'n rhoi brechiadau a/neu'n darparu cynngor ar frechu angen hyfforddiant wedi'i delwra, asesadau o'u cymhwysedd, a gorchwyliaeth sy'n berthnasol i'r swydd yn unol â **Safonau Gofynnol Cenedlaethol Asiantaeth Diogelwch Iechyd y DU (UKHSA) ar gyfer hyfforddiant imiwneiddio 2025** (safle allanol, Saesneg yn unig).
- Mae gan Iechyd Cyhoeddus Cymru set o sleidiau wedi'u recordio o'r enw **'Y frech goch: y clefyd, cymhlethodau a brechu'**, sy'n rhoi manylion am haint y frech goch. Gellir gweld hyn ar y dudalen **Adnoddau a digwyddiadau hyfforddiant imiwneiddio**





Amdiffyniad rhag y Frech Goch



Pecyn cymorth ar gyfer gweithwyr
gofal iechyd proffesiynol:
Brechiadau sy'n cynnwys y frech goch

Mae'r pecyn cymorth hwn yn ganllaw cyflym i roi gwybodaeth i chi a'ch cleffion am frechlynnau sy'n cynnwys y frech goch. Rydym yn annog yr holl staff i ymgfarwyddo â ffynonellau gwybodaeth y ddogfen hon er mwyn cefnogi penderfyniadau ar sail gwybodaeth ac i gynnal y niferoedd sy'n cael eu brechu.



Galwad i weithredu:

Er mwyn sicrhau bod pawb yn barod ac yn hyderus wrth dratod brechiadau sy'n cynnwys y frech goch a'u rhoi i bobl, dylech:

	rhanwch gyda chydweithwyr
	adolygu'r pecyn cymorth

Ffeithiau am y frech goch a brechlynnau sy'n cynnwys y frech goch

- Mae'r frech goch yn salwch heintus iawn, a gall pobl ei ddal gan eraill cyn i'w symptomau ymddangos. Bydd bron 100% o bobl sydd heb gael eu brechu yn datblygu'r frech goch os byddan nhw'n dod i gysylltiad â'r feirws. Gall y frech goch achosi salwch diffriol, gan gynnwys niwmonia ac enseffalitis, a hyd yn oed marwolaeth.
- Mae brechlynnau'r frech goch, clyw'r pennau, rwbela, a'r frech goch (MMRV) a'r frech goch, clyw'r pennau a rwbela (MMR) yn rhoi amddiffyniad hynod effeithiol rhag clefydau heintus diffriol. Mae'r brechlyn MMRV yn helpu'r corff i amddiffyn rhag y frech goch, clyw'r pennau, rwbela (brech goch yr Almaen) a farisela (brech y r ier). Mae'r brechlyn MMR yn helpu i amddiffyn rhag y frech goch, clyw'r pennau a rwbela.

Mae achosion o'r frech goch ar gynydd ledled y DU, ac mae'r nifer sy'n cael y brechlyn MMR yn gostwng yng Nghymru.

Er mwyn dileu'r frech goch, mae Sefydliad Iechyd y Byd (WHO) yn argymhell rhoi dau ddos o frechlyn sy'n cynnwys y frech goch. Gweler: **Canllawiau Sefydliad Iechyd y Byd: Y Frech Goch** (safie allanol, Saesneg yn unig).

Gwybodaeth i'r cyhoedd: icc.gig.cymru/MMRV-MMR

Gwybodaeth ar gyfer gweithwyr iechyd proffesiynol: icc.gig.cymru/MMRV-MMR-profesiynol

- Cyflwynwyd y brechlyn MMRV i'r DU yn 2026. Mae MMRV wedi cael ei ddefnyddio mewn gwledydd eraill ers blynnyddoedd lawer ac mae ganddo hanes cryf o ran diogelwch. Mae tudalennau gwê pwrpasol am MMRV a brechlynnau MMR sy'n cynnig gwybodaeth, canllawiau polisi, adnoddau clinigol, a chwestiynau cyffredin:
- Gwybodaeth ar gyfer gweithwyr iechyd proffesiynol: icc.gig.cymru/MMRV-MMR-profesiynol
- Gwybodaeth i'r cyhoedd: icc.gig.cymru/MMRV-MMR